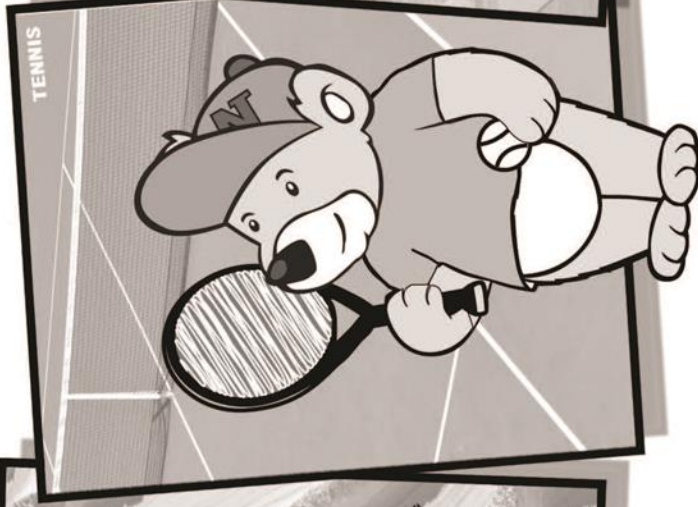
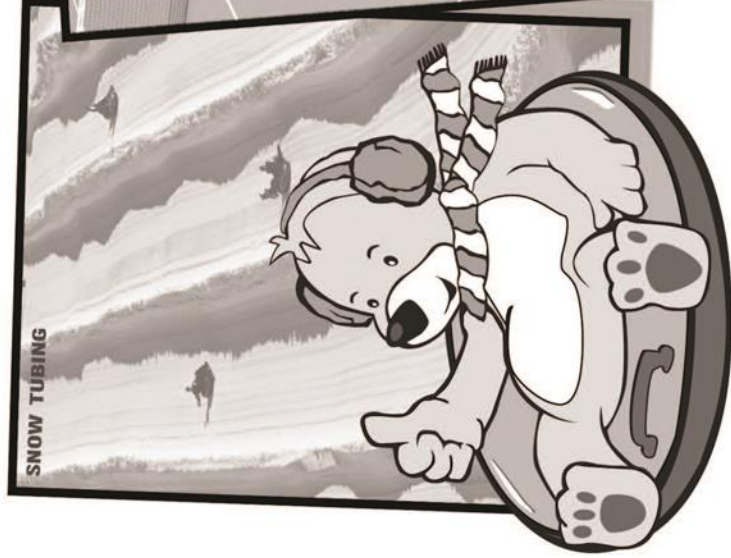


# NEEDHAM PARK & RECREATION



WINTER/SPRING 2018



Rosemary Recreation Complex  
Coming Summer 2018!

**Children • Youth • Teens • Adults • Seniors • Special Events**

# Welcome to Winter/Spring 2018!

## An invitation to people of all abilities

People of all abilities are encouraged to participate in the programs and services provided by the Needham Park and Recreation Commission.

Every effort is made to integrate participants with disabilities into the programs allowing for a successful recreational experience.

*Please contact the Park and Recreation office for more information.*

## Have you registered for our automatic updates yet?

**Notify Me** is a notification system that will send you an e-mail or text message when new information is posted on the Town of Needham website, including recreation program updates!!



### *Sign up for Recreation Information by following these steps :*

1. Go to the Town of Needham website at [www.needhamma.gov](http://www.needhamma.gov)
2. Click on the box reading **NOTIFY ME** on the bottom left of the page
3. Enter your e-mail address (or cell phone number for text messages)
4. Select e-mail type, HTML or Text
5. Select box for **RECREATION INFORMATION**
6. Click the **SUBSCRIBE** button



Once you are in the system, you will receive up to date Park and Recreation notifications right at your computer! You may sign up for any of the lists posted.



Needham Park and Recreation will be posting all updates on Facebook daily!  
[www.facebook.com/NeedhamRecreation](http://www.facebook.com/NeedhamRecreation)

### Park & Recreation Commission

Matthew M. Toolan, Chairman  
Christopher J. Gerstel, Vice-Chairman  
Cynthia J. Chaston  
David C. DiCicco  
Michelle S. Geddes



**Director**—Patty Carey  
**Assistant Director**—Robyn Fink  
**Administrative Specialist**—Kristen Wright

*The Park and Recreation Commission typically meets the 2nd and 4th Monday of each month.*

### Commission Office

Public Services Administration  
Building (PSAB)  
500 Dedham Ave.  
Needham, MA 02492

### Telephone

(781) 455-7550, press 3

### Office Hours

8:30am - 5:00pm  
Monday - Friday



*Special thanks to Adam Witham for the Winter/Spring cover design, including "Parker" - our official department mascot! Adam is a local Graphic Designer, and he can be contacted at [adwitham@aol.com](mailto:adwitham@aol.com) for all graphic design needs.*

# WINTER/SPRING REGISTRATION BEGINS



**Wednesday, December 13, 2017 at 9:00 AM**

**Register online, in person, or by mail**

Park and Recreation does not accept any registrations by phone or fax.

## **REGISTRATION NOTES**



- See Registration Policies located on page 19.
- There are no guarantees for any method of registration, so choose the method most comfortable to you.
- Remember to put your name on the waitlist if a space is not available; no payment is collected for space on waitlist.
- All programs are offered to Needham residents on a first come, first served basis, including students in the Needham Public Schools' METCO program.
- Scholarships may only be processed by mail or in person.
- Credits may be used online.

## **ONLINE REGISTRATION**



**Begins at 9:00 AM on Wednesday, December 13, 2017**

- Visit [www.needhamma.gov/pronlinereg](http://www.needhamma.gov/pronlinereg).
- Create an online account so that information is saved, credits may be used, and information can be reviewed.
- Follow the steps to register all family members and print-out your receipt at the end of the registration process.

## **IN PERSON REGISTRATION**



**Begins at 9:00 AM on Wednesday, December 13, 2017**

and continues during regular office hours.

## **MAIL-IN REGISTRATION**



Complete Registration Form and mail to:

Registration - Park and Recreation

500 Dedham Avenue

Needham, MA 02492

Forms will be processed, in random order,

**starting at 9:00am on Wednesday, December 13, 2017**

and will continue during regular office hours.



## **PARENT TALK CAMP FAIR**

SAVE THE DATE! Parent Talk will be hosting their Camp Fair on Wednesday, January 24th, between 7:00—9:00pm in the NHS Cafeteria.

For more information, visit Parent Talk at [www.ParentTalk.info](http://www.ParentTalk.info).

The Park and Recreation staff looks forward to seeing you there!



# YOUTH TENNIS LESSONS

## QUICKSTART TENNIS

Quickstart Tennis is an exciting play format designed to bring children into the game by utilizing special equipment and a court with dimensions tailored to age and size. **RACQUET REQUIRED.**

### INDOOR SESSION

**Age:** 5—7 year olds (*Birth certificate required for ALL 5 year olds*)  
**Session 1:** Wednesdays, January 10—February 7  
**Session 2:** Wednesdays, February 28—March 28  
**Time:** 6:00—7:00pm  
**Location:** Pollard Middle School—Green Gym  
**Limit:** 12 participants per session (*minimum of 6*)  
**On Reg. Form:** List *INDOOR Quickstart Tennis Lessons* and *SESSION #*  
**Fee:** \$60 per participant (*five week session*)

### OUTDOOR SESSION

**Age:** 5—7 year olds (*Birth certificate required for ALL 5 year olds*)  
**Dates:** Saturdays, April 28—May 19  
**Times:** 9:00—10:00am  
10:00—11:00am  
11:00am—12:00pm  
**Location:** Pollard Middle School Courts  
**Limit:** 12 participants per session (*minimum of 6*)  
**On Reg. Form:** List *OUTDOOR Quickstart Tennis Lessons* AND *Time*  
**Fee:** \$48 per participant (*four week session*)



## JR. TENNIS LESSONS

Jr. Tennis covers the basic aspects of the sport including forehand, backhand, serve, volley, overhead and strategy! **RACQUET REQUIRED.**

### INDOOR SESSION

**Age:** 8—13 year olds  
**Session 1:** Wednesdays, January 10—February 7  
**Session 2:** Wednesdays, February 28—March 28  
**Times & Ages:** 7:00—8:00pm Ages 8—10  
8:00—9:00pm Ages 11—13  
**Location:** Pollard Middle School—Green Gym  
**Limit:** 12 participants per session (*minimum of 6*)  
**On Reg. Form:** List *INDOOR Junior Tennis Lessons, Session #, AND Time*  
**Fee:** \$60 per participant (*five week session*)

### OUTDOOR SESSION

**Age:** 8—13 year olds  
**Session:** Saturdays, April 28—May 19  
**Times & Ages:** 9:00—10:00am Ages 8—9  
10:00—11:00am Ages 9—11  
11:00am—12:00pm Ages 11—13  
**Location:** Needham High School Tennis Courts  
**Limit:** 12 participants per session (*minimum of 6*)  
**On Reg. Form:** List *OUTDOOR Junior Tennis Lessons* AND *Time*  
**Fee:** \$48 per participant (*four week session*)





# YOUTH PROGRAMS

## INDOOR ARCHERY LESSONS

Relax as you aim for your target and feel the thrill of success when your patience and concentration pays off. All equipment is provided. Class is led by two certified USA Archery and National Field Archery Association (NFAA) instructors.

<b>Age:</b>	<b>9—16 year olds</b>
<b>Session 1:</b>	Thursdays, January 11—February 1
<b>Session 2:</b>	Thursdays, April 26—May 17
<b>Time:</b>	6:30—7:30pm
<b>Location:</b>	Pollard Middle School—Blue Gym
<b>Limit:</b>	16 participants ( <i>minimum of 10</i> )
<b>On Reg. Form:</b>	List <i>Youth Archery</i>
<b>Fee:</b>	<b>\$110 per participant</b> ( <i>four week session</i> )



## THEATRE FUN

An introduction to theatre—basic terminology, stage direction, set design and scene work. Class culminates in a short showcase production.

<b>Age:</b>	<b>6—8 year olds</b>
<b>Dates:</b>	Thursdays, January 11—March 22
<b>Times:</b>	3:45—4:45pm
<b>Location:</b>	Presbyterian Church
<b>Limit:</b>	15 participants ( <i>minimum of 5</i> )
<b>On Reg. Form:</b>	List <i>Theatre Fun</i>
<b>Fee:</b>	<b>\$180 per participant</b> ( <i>nine week session</i> )



## ACTING, MOVEMENT AND MUSIC

Review of basic aspects of theater, integrating movement and music into scene work for musical and straight theater. Class culminates in a short showcase production. No prior experience necessary.

<b>Age:</b>	<b>8—10 year olds</b>
<b>Dates:</b>	Thursdays, January 11—March 22
<b>Times:</b>	5:00—6:00pm
<b>Location:</b>	Presbyterian Church
<b>Limit:</b>	15 participants ( <i>minimum of 5</i> )
<b>On Reg. Form:</b>	List <i>Acting, Movement and Music</i>
<b>Fee:</b>	<b>\$180 per participant</b> ( <i>nine week session</i> )



## GLASS FUSING FUN DAYS

At the Glass Bar, you will learn to safely handle, cut, grind, and design glass into a beautiful fused glass art. We encourage everyone to test their imagination to find a design that suits them! Join us during the school holidays and early release days listed below!

<b>Age:</b>	<b>8 years old and up</b>
<b>MLK Jr. Day:</b>	Monday, January 15—10:00am—12:00pm
<b>January:</b>	Wednesday, January 31—1:30—3:30pm
<b>February:</b>	Tuesday, February 13 —1:30—3:30pm
<b>March #1:</b>	Wednesday, March 7 —1:30—3:30pm
<b>March #2:</b>	Thursday, March 29 —1:30—3:30pm
<b>May:</b>	Thursday, May 24 —1:30—3:30pm
<b>Memorial Day:</b>	Monday, May 28—10:00am—12:00pm
<b>June:</b>	Tuesday, June 5 —1:30—3:30pm
<b>Location:</b>	The Glass Bar
<b>Limit:</b>	15 participants per session ( <i>minimum of 5</i> )
<b>On Reg. Form:</b>	List <i>Glass Fusing Fun AND Month/Holiday</i>
<b>Fee:</b>	<b>\$35 per participant per session</b> ( <i>one day sessions</i> )



# YOUTH PROGRAMS

## KIDS NIGHT OUT

Give yourself the night off and treat your child to our monthly supervised night of fun! Your child will join some of their favorite program counselors for a night of interactive games, unique craft projects, a pizza dinner, dessert AND a full feature children's film! *PJ's and sleeping bags are welcome, but not required!*

**Age:** 3—10 year olds (*Birth certificate required for ALL 3—5 year olds*)  
**Sessions:** See below for Dates and Movie Selections  
**Time:** 5:30—9:00pm  
**Location:** Public Service Administration Building (500 Dedham Avenue)  
**Limit:** 35 participants per session  
**On Reg. Form:** List *Kids Night Out AND Session*  
**Fee:** \$16 per participant per session

### DATE

Friday, January 26

### MOVIE

DESCENDANTS 2 (PG)

When the pressure to be royally perfect becomes too much for Mal, she returns to her rotten roots on the Isle of the Lost where her archenemy Uma, the daughter of Ursula, has taken her spot as self-proclaimed queen of the run-down town. Uma, still resentful over not being selected by Ben to go to Auradon Prep with the other Villain Kids, stirs her pirate gang, including Captain Hook's son Harry and Gaston's son Gil, to break the barrier between the Isle of the Lost and Auradon, and unleash all the villains imprisoned on the Isle once and for all.



Friday, February 16

DIARY OF A WIMPY KID—THE LONG HAUL (PG)

Young Greg Heffley is looking forward to a long summer of just hanging out, but his mother throws a monkey wrench into his plans when she forces the entire family to take a road trip for a relative's birthday celebration. His eyes soon light up after he realizes that the excursion is his ticket to a gaming convention to meet YouTube sensation Mac Digby. Greg's imagination then kicks into overdrive as he sneakily hatches a scheme to attend the expo and gain some much-deserved fame.



Friday, March 9

CARS 3 (PG)

Blindsided by a new generation of blazing-fast cars, the legendary Lightning McQueen finds himself pushed out of the sport that he loves. Hoping to get back in the game, he turns to Cruz Ramirez, an eager young technician who has her own plans for winning. With inspiration from the Fabulous Hudson Hornet and a few unexpected turns, No. 95 prepares to compete on Piston Cup Racing's biggest stage.



Friday, April 27

LEGO—NINJAGO (PG)

The battle for NINJAGO City calls to action young Master Builder Lloyd, aka the Green Ninja, along with his friends, also secret ninja warriors. Led by Master Wu, as wise-cracking as he is wise, they must defeat the evil warlord Garmadon, who also happens to be Lloyd's dad. Pitting father against son, the epic showdown tests these fierce but undisciplined modern-day ninjas as they learn to check their egos and pull together to unleash the inner power of Spinjitzu.



## TERRIERS DODGEBALL & FREE PLAY

Kids love the fast paced action, throwing, catching, and of course dodging balls in this classic game. Teams are organized by grade and styled with team shirts. Teams also enjoy a tournament for the coveted Terriers Dodgeball Bucket.

**Age:** 8—12 year olds  
**Dates:** Tuesdays, January 16—February 13  
**Time:** 6:00—7:00pm  
**Location:** Pollard Middle School—Green Gym  
**Limit:** 39 participants (*minimum of 14*)  
**On Reg. Form:** List *Terrier Dodgeball*  
**Fee:** \$140 per participant (*five week session*)



# YOUTH PROGRAMS

## ICE SKATING LESSONS

Review the detailed level descriptions below and choose appropriately for your child's current ice skating ability. On the first day of lessons, children will be sorted into small groups, within their class level and time, by ice skating ability. **All five year olds MUST register for the Penguins Level, then after being evaluated through the first week, can be moved to a different level if appropriate.**

Age:	5 years and older ( <i>Birth certificate required for ALL 5 year olds</i> )
Dates:	Tuesdays AND Thursdays, February 27 — March 22
Times & Levels:	(See Levels & Times chart)
Location:	St. Sebastian's School Ice Skating Rink
Equipment:	Single blade skates and <b>helmets</b> required. ( <i>No rentals are available</i> ) Gloves and warm, layered clothing recommended.
On Reg. Form:	List <i>Ice Skating, Level</i> ( <i>Penguins/Snow Leopards/Snowy Owls/Polar Bears</i> ) AND <i>Time</i>
Fee:	\$55 per participant   4 week session—8 classes

## LEVELS & TIMES

**PENGUINS:** 3:30 - 4:00pm OR 4:00 - 4:30pm OR 4:30 - 5:00pm

*Figure Skates OR Hockey Skates*

- Limit: 3:30pm class—20 participants, 4:00pm and 4:30pm classes—15 participants
- ♦ Has never skated before and/or needs assistance standing and moving on skates
  - ♦ ALL five year olds must register for Penguins



**SNOW LEOPARDS:** 3:30 - 4:15pm OR 4:15 - 5:00pm

*Figure Skates OR Hockey Skates*

- Limit: 3:30pm and 4:15pm classes—15 participants
- ♦ Consistent, basic skating skills: can stand on skates, fall and get up, forward march and glide.
  - ♦ Will work on refining basic skills, snow plow stop, gaining confidence and speed.



**SNOWY OWLS:** 4:15 - 5:00pm

*Figure Skates ONLY*

- Limit: 10 participants
- ♦ Refined, confident figure skating skills: can glide forward and backward, perform sculling, and perform proper stops.
  - ♦ Will work on turns, crossovers, one-footed skills, spins and jumps.



**POLAR BEARS:** 4:15 - 5:00pm

*Hockey Skates ONLY*

- Limit: 10 participants
- ♦ Refined, confident hockey skills: can glide forward and backward, perform sculling and stop in hockey skates.
  - ♦ Will work on different stops, turns, crossovers, edges and increase speed.



# YOUTH PROGRAMS

## SPRING SPORTS SPECIALITES



Lace up your sneakers and grab your friends for an hour full of games you've grown to love from our summer Sports Specialties! We'll play dodgeball, zany indoor soccer, capture the flag, and so much more! Come try your hand at some not-so-typical sports, in a fun, non-competitive environment.

**Ages:** 5—13 year olds  
**Dates:** Mondays, April 2—May 7  
**Session 1:** 6:00—7:00pm 5—8 year olds  
**Session 2:** 7:00—8:00pm 9—13 year olds  
**Location:** High Rock Gym  
**Limit:** 30 participants (*minimum of 10*)  
**On Reg. Form:** List *Spring Sports Specialties AND Session*  
**Fee:** \$75 per participant (*five week session*)

## STREET HOCKEY



New this Spring! The ice has melted but that doesn't mean the end to hockey! Join us for an afternoon of Street Hockey! Throw on your sneakers, as we learn and play the game. New teams will be made each week to keep things fun and fresh! Hockey sticks provided.

**Age:** 7—12 year olds  
**Dates:** Mondays, April 23—May 21  
**Times:** 4:00—5:00pm  
**Location:** Pollard Middle School Outdoor Courts  
**Limit:** 20 participants (*minimum of 10*)  
**On Reg. Form:** List *Street Hockey*  
**Fee:** \$100 per participant (*five week session*)



## SKATEBOARD EDU 1.0

Grab your board and pads and join us for the spring session of Skateboard EDU! Come learn how to push, carve, kick turn, and board grab. This class is perfect for those just starting out and beginners that want to improve their skills.

**Age:** 7—11 year olds  
**Dates:** Wednesdays, April 25—May 23  
**Times:** 3:30—5:00pm  
**Location:** Pollard Middle School Outdoor Courts  
**Limit:** 12 participants (*minimum of 5*)  
**On Reg. Form:** List *Skateboard EDU 1.0*  
**Fee:** \$50 per participant (*five week session*)



## SKATEBOARD EDU 2.0



New this Spring! Take your skateboarding skills to the next level with Skateboard EDU 2.0. This session will give participants a chance to get rolling safely on ramps as well as other flat ground tricks. Learn skate park flow, etiquette and much more!

**Age:** 7—13 year olds  
**Dates:** Tuesday, April 24—May 22  
**Times:** 3:30—5:00pm  
**Location:** Pollard Middle School Outdoor Courts  
**Limit:** 12 participants (*minimum of 5*)  
**On Reg. Form:** List *Skateboard EDU 2.0*  
**Fee:** \$50 per participant (*five week session*)





# TWEEN & TEEN PROGRAMS

## TGIF NIGHTS

TGIF (Teens, Games, Infinite Fun) are the place to be! Join us for a night featuring a DJ, games you've never played before, and hangout time!

- Age:** 6th—8th graders  
**Dates:** Friday, January 5—6th grade ONLY  
Friday, February 9— 6th & 7th grade ONLY  
Friday, March 23—7th & 8th grade ONLY  
**Time:** 7:30—10:00pm  
**Location:** Pollard Middle School Gyms and Cafeteria  
**Limit:** 75 participant pre-registration minimum  
**On Reg. Form:** List *TGIF Nights* AND *Date(s)*  
**Fee:** \$10 per participant per event (PRE-REGISTRATION)  
\$15 per participant per event (AT THE DOOR)

## LAUNCH EXTREME SPORTS

Too much energy after school? Launch Extreme Sports is for you! Travel by bus to Launch Trampoline Park where you'll compete in intense games of dodgeball! If that's not enough, climb into a "bubble" and try your foot at Bubble Soccer!

- Age:** 5th—7th graders  
**Date:** Tuesdays, February 27—March 20  
**Time:** 3:30—5:45pm  
**Location:** Meet at Pollard Middle School and travel to Launch in Watertown  
**Limit:** 40 participants (*minimum 15*)  
**On Reg. Form:** List *Launch Extreme Sports*  
**Fee:** \$150 per participant (*four week session*)



## EARLY RELEASE DAY—BODA BORG

Time to get transported into a real-world gaming environment with Boda Borg! You'll tackle a variety of mental and physical challenges as you move from quest to quest. Transportation provided to and from Boda Borg.

- Age:** 6th—8th graders  
**Date:** Wednesday, January 31  
**Time:** 12:00—4:45pm  
**Location:** Meet at Pollard Middle School and travel to Boda Borg in Malden  
**Limit:** 40 participants (*minimum 20*)  
**On Reg. Form:** List *Boda Borg*  
**Fee:** \$50 per participant (*one day event*)



## EARLY RELEASE DAY—SKI WARD SNOW TUBING

Park and Recreation is loading the bus up and heading to Ski Ward Ski Area for an afternoon of tubing! We'll grab a quick slice of pizza before we hit the awesome 8 lanes of tubing! Transportation is provided to and from Ski Ward.

- Age:** 5th—8th graders  
**Date:** Tuesday, February 13  
**Time:** 1:00—5:15pm  
**Location:** Meet at Pollard Middle School and travel to Ski Ward in Shrewsbury  
**Limit:** 40 participants (*minimum 20*)  
**On Reg. Form:** List *Ski Ward*  
**Fee:** \$60 per participant (*one day event*)



# TWEEN & TEEN PROGRAMS

## EARLY RELEASE DAY—ACTION ATHLETICS



Ever dream of being a ninja? Challenge yourself to make it through more than 25 American Ninja Warrior inspired obstacles. Try your hand at the warped wall, quad steps, cannonball alley, ring toss and so many more! Transportation provided to and from Action Athletics.

**Age:** 6th—8th graders  
**Date:** Wednesday, March 7  
**Time:** 12:00—2:30pm  
**Location:** Meet at Pollard Middle School and travel to Action Athletics in Wellesley  
**Limit:** 40 participants (*minimum 20*)  
**On Reg. Form:** List *Action Athletics*  
**Fee:** \$60 per participant (*one day event*)



## EARLY RELEASE DAY—LAUNCH TRAMPOLINE PARK

Don't just bounce...LAUNCH! Fly into the foam pit, master a flip, slam dunk a basketball, or free fall from the stunt tower on this high-flying fun early release day! Still have energy after all that? Then it's time for Laser Tag! Grab your team and see who will come out on top! Transportation is provided to and from Launch.

**Age:** 5th—7th graders  
**Date:** Thursday, March 29  
**Time:** 1:00—4:30pm  
**Location:** Meet at Pollard Middle School and travel to Launch in Watertown!  
**Limit:** 40 participants (*minimum 20*)  
**On Reg. Form:** List *Early Release Launch*  
**Fee:** \$55 per participant (*one day event*)



## EARLY RELEASE DAY—TREE TOP ADVENTURES

Participants will join us on an aerial forest adventure! Try up to 10 separate trails of varying levels of difficulty consisting of zip lines, "bridges", and obstacles that make up over 130 unique challenges! Transportation is provided to and from TreeTop Adventures.

**Age:** 6th—8th graders  
**Date:** Thursday, May 24  
**Time:** 12:00—4:30pm  
**Location:** Meet at Pollard Middle School and travel to Tree Top in Canton  
**Limit:** 40 participants (*minimum 20*)  
**On Reg. Form:** List *Tree Top*  
**Fee:** \$60 per participant (*one day event*)



## SUMMER VOLUNTEER PROGRAM

Youth ages 11 and up are welcome to volunteer at the Park and Recreation Summer Programs and/or Rosemary Recreation Complex.

The volunteer information booklet will be available beginning **MONDAY, APRIL 2, 2018**

Volunteer information booklet can be picked up at the Park and Recreation Office **OR** online by visiting [www.needhamma.gov/parkandrecreation](http://www.needhamma.gov/parkandrecreation) and selecting the "Volunteer" option in the left-hand menu.

**REGISTRATION WILL BEGIN ON WEDNESDAY, APRIL 11 from 5:00—6:30pm**

# SCHOOL VACATION PROGRAMS

## HOOP IT UP!

Spend your February break learning some new basketball skills or brushing up! Dribbling, passing, shooting, and defensive skills will be emphasized. We'll have daily scrimmages to put your skills to the test!

Age:	7—13 year olds
Dates:	Tuesday, February 20—Thursday February 22
Time:	9:00am—12:00pm
Location:	Pollard Middle School Gyms
Limit:	30 participants ( <i>minimum of 15</i> )
On Reg. Form:	List <i>February Vacation—Hoop It Up</i>
Fee:	\$75 per participant ( <i>three day session</i> )



## RIGHT BRAIN CURRICULUM—FEBRUARY VACATION



**Session 1—Business Sharks:** Participants play the role of young entrepreneurs as they start with the germ of an idea for a business and product and take it through the entire entrepreneurial process. Participants develop prototypes, formulate a business plan and devise a marketing strategy.

**Session 2—Writing Wizards:** Each participant works with a partner to design a fantasy world that includes major and minor characters, fantastic settings, an extended backstory and a world of wonder. At the end of the course, students publish their first real novel.

Age:	7—11 year olds
Session 1:	Tuesday, February 20 and Wednesday, February 21
Session 2:	Thursday, February 22 and Friday, February 23
Time:	9:00am—12:00pm
Location:	Eliot School Performance Center
Limit:	15 participants ( <i>minimum of 7</i> )
On Reg. Form:	List <i>February Vacation—Right Brain AND Session</i>
Fee:	\$100 per participant per session ( <i>two day sessions</i> )



## STAR WARS vs SUPER HEROS LEGO

Join the team from Event-FULL! and use your imagination to build a world where superheros meet those from the Dark and Light side of the Star Wars Galaxy! Building anything you can imagine with the thousands of LEGO bricks, bases, and Minifigures provided! The LEGOs stay with us but the memories last a lifetime!

Age:	5—10 year olds ( <i>Birth certificate required for ALL 5 year olds</i> )
Dates:	Friday, February 23
Time:	9:00am—12:00pm
Location:	Eliot School Cafeteria
Limit:	12 participants ( <i>minimum of 8</i> )
On Reg. Form:	List <i>February Vacation—LEGO</i>
Fee:	\$50 per participant



## AMERICAN GIRL DOLL CREATE AND PLAY: WINTER PRINCESS

Turn your special friend into a magical winter princess! Bring your special friend (it does not have to be an American Girl Doll—feel free to bring a favorite stuffed animal) for three hours where you make and take home a doll sized crown, wand and more!

Age:	5—10 year olds ( <i>Birth certificate required for ALL 5 year olds</i> )
Dates:	Friday, February 23
Time:	1:00—4:00pm
Location:	Eliot School Cafeteria
Limit:	15 participants ( <i>minimum of 8</i> )
On Reg. Form:	List <i>February Vacation—American Girl</i>
Fee:	\$55 per participant





# SCHOOL VACATION PROGRAMS

## THUNDERCAT SPORTS JAM

Basketball, soccer, floor hockey, dodgeball, ultimate football, and every crazy game you can think of! Thundercats Sports fills these 3 days with loads of fun!

- Age:** 5—11 year olds (*Birth certificate required for ALL 5 year olds*)  
**February Session:** Tuesday, February 20—Thursday, February 22  
**April Session:** Tuesday, April 17—Thursday, April 19  
**Half Day Session:** 9:00am—12:00pm  
**Full Day Session:** 9:00am—3:00pm  
**Location:** High Rock School Gym and Cafeteria  
**Limit:** 24 participants (*minimum of 12*)  
**On Reg. Form:** List *Thundercats Sports Jam*, Session AND Full or Half Day  
**Fee:** FULL DAY: \$165 per participant (*three day session*)  
HALF DAY: \$130 per participant (*three day session*)



## KNUCKLEBONES—COLOR WARS



Participants will be divided into teams, each with its own color, and compete in traditional and not so traditional sports and activities. Teams will earn points along the way! Sign up for 1 or all 4 days of fun!

- Age:** 5—8 year olds (*Birth certificate required for ALL 5 year olds*)  
**February Session:** Tuesday, February 20—Friday, February 23  
**April Session:** Tuesday, April 17—Friday, April 20  
**Time:** 9:00am—12:00pm  
**Location:** Eliot Elementary School Gym  
**Limit:** 25 participants (*minimum of 10*)  
**On Reg. Form:** List *Knucklebones*, Session, AND Number of Days  
**Fee:** ONE DAY: \$50 per participant (*one day session*)  
ALL FOUR DAYS: \$150 per participant (*four day session*)



**knucklebones**  
for the love of play

## RIGHT BRAIN CURRICULUM—APRIL VACATION



**Session 1—The LEGO Civics Project:** Participants learn to build a fully-planned and intricately-designed model LEGO city and learn to govern it. Participants have the opportunity to run for mayor, open their own business, debate city issues and respond to natural disasters and citizen concerns.

**Session 2—The Kids Newsroom:** The classroom transforms into a working newsroom, complete with editorial staff, reporters, columnists and headline writers. Each participant plays multiple roles and work together to create an e-newspaper, as well as a hard copy.

- Age:** 7—11 year olds  
**Session 1:** Tuesday, April 17 and Wednesday, April 18  
**Session 2:** Thursday, April 19 and Friday, April 20  
**Time:** 9:00am—12:00pm  
**Location:** Eliot School Performance Center  
**Limit:** 15 participants (*minimum of 7*)  
**On Reg. Form:** List *April Vacation—Right Brain* AND Session  
**Fee:** \$100 per participant per session (*two day sessions*)



## VACATION CLASS WITH THE GLASS BAR

Let your creativity run wild as you learn glass safety, how to cut and grind glass, as you create your amazing glass art project.

- Age:** 8—17 year olds  
**Dates:** Tuesday, April 17—Friday, April 20  
**Time:** 10:00am—12:00pm  
**Location:** The Glass Bar  
**Limit:** 10 participants  
**On Reg. Form:** List *April Vacation—The Glass Bar*  
**Fee:** \$140 per participant (*four day session*)





# SCHOOL VACATION PROGRAMS

## LEGO CITY & MINECRAFT

Join the team from Event-FULL! and use your imagination to build a Minecraft themed LEGO city! Build anything you imagine with the thousands of LEGO bricks, blocks, bases, and Minifigures provided. The LEGOs stay with us but the memories last a lifetime!

**Age:** 5—10 year olds (*Birth certificate required for ALL 5 year olds*)  
**Dates:** Friday, April 20  
**Time:** 9:00am—12:00pm  
**Location:** Eliot School Cafeteria  
**Limit:** 15 participants (*minimum of 8*)  
**On Reg. Form:** List *April Vacation—LEGO*  
**Fee:** \$50 per participant (*one day session*)



## AMERICAN GIRL DOLL CREATE AND PLAY: PAJAMA PARTY

Join in on a day time pajama party! Bring your special friend (it does not have to be an American Girl Doll—feel free to bring a favorite stuffed animal) for three hours and create a doll-size sleeping bag, pillow and more

**Age:** 5—10 year olds (*Birth certificate required for ALL 5 year olds*)  
**Dates:** Friday, April 20  
**Time:** 1:00—4:00pm  
**Location:** Eliot School Cafeteria  
**Limit:** 15 participants (*minimum of 8*)  
**On Reg. Form:** List *April Vacation—American Girl*  
**Fee:** \$55 per participant (*one day session*)



# ADULT & SENIOR PROGRAMS

## SENIOR INDOOR WALKING CLUB

We are still taking registrations! Keep in shape during the colder months with this friendly, supportive group where you walk at your own pace, meet new people, and feel better through movement! Flexible schedule allows you to go all three days, or whenever it fits your schedule! A coordinator is on site each day.

**Age:** 50 years old and up  
**Dates:** Tuesdays, Wednesdays, AND/OR Thursdays, NOW—April 12, 2018  
**Time:** 3:00—4:00pm  
**Location:** Needham High School  
**On Reg. Form:** List *Senior Indoor Walking Club*  
**Fee:** \$30 per participant

## ADULT/SENIOR YOGA



Come and end your day with stretching, balancing, strengthening, and relaxation in our Adult/Senior Yoga class. Classes will be taught by certified instructors in a warm and welcoming environment for newbies or long time yogis at heart!

**Age:** 17 years old and up

### WINTER SESSIONS

**Mondays:** Mondays, January 22—March 5  
**Wednesdays:** Wednesdays, January 24—February 28

### SPRING SESSIONS

**Mondays:** Mondays, March 19—April 30  
**Wednesdays:** Wednesdays, March 21—April 25

**Time:** 5:30—6:30pm  
**Location:** Center at the Heights  
**Limit:** 14 participants (*minimum of 10*)  
**On Reg. Form:** List *Adult/Senior Yoga AND Session*  
**Fee:** \$25 per participant per session (*6 week session*)

# ADULT & SENIOR PROGRAMS

## SENIOR EXERCISE

Three different classes...three different teachers...all with one goal: to help men and women, ages 50 and older, stay fit in an enjoyable, social and supportive setting!

Age:	<b>50 years old and up</b>	
Sessions:	<b>MONDAYS</b>	9:00—10:00am
	Winter Session:	January 8—March 19 ( <i>seven week session</i> )
	Spring Session:	March 26—May 21 ( <i>eight week session</i> )
	Judi will focus on improving your cardiovascular efficiency and muscle strength and endurance, all while having some fun and sharing some laughs!	
	<u>Note Location: Needham Public Library Community Room</u>	
	<b>WEDNESDAYS</b>	9:15—10:15am
	Winter Session:	January 10—March 7 ( <i>nine week session</i> )
	Spring Session:	March 21—May 16 ( <i>nine week session</i> )
	Looking for cardiovascular fitness and to improve your endurance and range of motion? Join Shirley as she leads a low-impact aerobics class which includes stretching and using free weights.	
	<b>FRIDAYS</b>	10:30—11:30am
	Winter Session:	January 12—March 9 ( <i>nine week session</i> )
	Spring Session:	March 23—May 18 ( <i>eight week session</i> )
	Arlene is ready to share her knowledge of toning, stretching, strengthening, and abdominal exercises to benefit you from head to toe!	
Locations:	Mondays—Needham Public Library Community Room	
	Wednesdays & Fridays—The Center at the Heights	
Limit:	25 participants per class ( <i>minimum of 10</i> )	
On Reg. Form:	List <i>Senior Exercise</i> , Day(s) <b>AND</b> Session(s)	
Fees:	\$25 per participant per session—1 day per week	
	\$50 per participant per session—2 days per week	
	\$75 per participant per session—3 days per week	

## SENIOR YOGA

Looking to increase your flexibility, balance, and strength while enjoying some quiet meditation and relaxation? Look no further! You'll enjoy gentle stretching and relaxation while using traditional Hatha yoga postures.

Age:	<b>50 years old and up</b>
Winter Session:	Mondays, January 8—March 19 ( <i>seven week session</i> )
Spring Session:	Mondays, March 26—May 21 ( <i>eight week session</i> )
Time:	10:00—11:00am
Location:	Needham Public Library Community Room
Limit:	30 participants ( <i>minimum of 10</i> )
On Reg. Form:	List <i>Senior Yoga</i> <b>AND</b> Session
Fee:	\$25 per participant per session

## NEEDHAM TENNIS COURT BADGES

for the 2018 Season will go on sale starting **THURSDAY, MARCH 1, 2018**

Badges are required for <i>all</i> public court use at Mills	<b>INDIVIDUAL RATE:</b>	<b>\$30</b>
Field, Newman School and Needham High School	<b>FAMILY RATE:</b>	<b>\$45</b>
Tennis Courts from March - October each year.	<b>SENIOR RATE:</b>	<b>\$15</b>

# ADULT & SENIOR PROGRAMS

## SENIOR GOLF LEAGUE

**\*REGISTRATION FOR NEEDHAM RESIDENTS ONLY\***

Come score a hole in one with our Senior Golf League! Each week you'll be paired with a new competitor. Will YOU be the overall winner this season?! Previous experience is necessary with a 9 hole score of 72 or less.

<b>Age:</b>	<b>50 years old and up</b>
<b>Dates:</b>	<b>Tuesdays, May 1—July 24</b>
<b>Times:</b>	<b>First group tees off at 9:00am, last group tees off by 10:30am</b>
<b>Location:</b>	<b>Needham Golf Club</b>
<b>Limit:</b>	<b>64 participants</b>
<b>On Reg. Form:</b>	<b>List <i>Senior Golf League</i> <u>AND</u> <i>average score for 9 holes</i></b>
<b>Fee:</b>	<b>\$256 per participant (<i>twelve week session</i>)</b>

*Unable to commit to playing each week? Sign up as a substitute! Substitute list taken at Park and Recreation office prior to the start of the season.*



## NEEDHAM GOLF CLUB PUBLIC HOURS

Please visit <http://www.needhamgolfclub.com/residents-guide.html> to view the Resident Guide or call the Club at 781-444-5548.

<b>SUNDAYS AND MONDAYS</b>	<b>3:00 PM - Closing</b>
<b>TUESDAYS</b>	<b>8:00 AM - Closing</b>



## ADULT GOLF LESSONS

Let this be the spring you learn the game of golf or work on improving your fundamental skills! Needham Golf Club's PGA instructor welcomes both beginners and advanced golfers.

<b>Age:</b>	<b>17 years old and up</b>
<b>Session 1:</b>	<b>Tuesdays, May 1—May 29</b>
<b>Session 2:</b>	<b>Wednesdays, May 2—May 30</b>
<b>Times:</b>	<b>5:30—6:30pm BEGINNER</b>
	<b>6:30—7:30pm ADVANCED BEGINNER</b>
<b>Location:</b>	<b>Needham Golf Club</b>
<b>Limit:</b>	<b>7 participants per session (<i>minimum of 4</i>)</b>
<b>On Reg. Form:</b>	<b>List <i>Adult Golf Lessons</i> <u>AND</u> <i>Day AND Time</i></b>
<b>Fee:</b>	<b>\$110 per participant (<i>five week session</i>)</b>



## ADULT OUTDOOR TENNIS LESSONS

Tennis is a great sport for all ages. Join us as a beginner to learn the game or as an intermediate where you can polish your stroke and serve.

<b>Age:</b>	<b>17 years old and up</b>	
<b>Dates:</b>	<b>Thursdays, May 3—May 31</b>	
<b>Times:</b>	<b>9:00—10:00am</b>	<b>BEGINNER/ADVANCED BEGINNER</b>
	<b>10:00—11:00am</b>	<b>ADVANCED BEGINNER</b>
	<b>11:00am—12:00pm</b>	<b>INTERMEDIATE</b>
<b>Location:</b>	<b>Mills Field Courts</b>	
<b>Limit:</b>	<b>12 participants per session (<i>minimum of 6</i>)</b>	
<b>On Reg. Form:</b>	<b>List <i>Adult Outdoor Tennis Lessons</i> <u>AND</u> <i>Time</i></b>	
<b>Fee:</b>	<b>\$75 per participant (<i>five week session</i>)</b>	





# GENERAL INFORMATION

## NEEDHAM PARKS, PLAYGROUNDS & ATHLETIC FIELDS

Needham is experiencing an overwhelming number of requests for field space for many youth and adult sports, with many parks seeing an increase in the number of people, cars, and trash. In order to keep our children and parks safe, we ask that everyone visiting a Needham park or field follow these guidelines:

- **Pick up and dispose of trash properly.** Trash attracts bees and wild animals.
- **Trash is picked up by truck so barrels need to be located at entrances.** If barrels are full, please remove your trash from the site. Some school sites do not have barrels due to the number of students with allergies to bees.
- **Report any unsafe field conditions** immediately to a league supervisor or the Park and Recreation Department.
- **Park in designated areas.** If parking on the street is necessary, park in a manner that will allow emergency vehicles to access the fields and neighboring homes.  
***Parking in fire lanes, in crosswalks, and in front of fire hydrants is illegal and unsafe!***
- **Be considerate** of all park neighbors, leaving enough room for access to driveways, and do not park on their lawns.

## NEEDHAM SPORTS ORGANIZATIONS

ALL Youth Sports Organizations in Needham are non-profit, volunteer-run organizations providing sports playing opportunities for Needham youth.

For more detailed information on each program and program contact information, pick up a **2018 Needham Youth Sports Organization Brochure** at the Park and Recreation Office OR visit our website at [www.needhamma.gov/parkandrecreation](http://www.needhamma.gov/parkandrecreation) and select "Sports Contacts" from the left hand side of the page.

## HOW TO RESERVE A FIELD OR PLAYGROUND/TOT-LOT

Call or stop by the office. If the date chosen is available, a permit will be given, and must be signed. A fee is charged for some field uses. Individuals may use the tot-lots at all times, but large groups should reserve space to avoid conflicts with other groups.

### **LOCATIONS INCLUDE:**

Broadmeadow—Broad Meadow Road	Claxton—Central Avenue	Cricket—Hillside Avenue
DeFazio—Dedham Avenue	Eliot—Wellesley Avenue Ext.	Hillside—Glen Gary Road
Hills—Hampton Avenue	Mitchell—Brookline Street	Newman—Central Avenue
Perry—Beaufort Avenue	Riverside—Riverside Street	

### **PLEASE NOTE:**

- Bathrooms are available at DeFazio and Claxton.
- **Greene's Field Playground can not be permitted.**
- School playgrounds are not available during school hours.

## SPORTS KIT RENTAL

Two Sports Kits are available for residents to use from the Park & Recreation Office.

### **PLEASE CALL THE OFFICE IN ADVANCE TO RESERVE A KIT!**

Items can be rented on an individual basis, or the entire kit costing no more than \$20!

**Kits can include:** volleyball, badminton, croquet, horseshoes, whiffle ball set, bocce, kick-balls, bases, cones, pinnies, jump ropes, three-legged race ties, grain sacks (for sack races), and frisbees.



# REGISTRATION POLICIES

## REGISTRATION LIMITS

Registration limits are set to comply with building code regulations as well as staff/participant ratios. See individual program descriptions for specific limits. The Commission reserves the right to cancel classes when registration numbers are low.

## AGE REQUIREMENT OF PARTICIPANTS/BIRTH CERTIFICATES

All participants **MUST** be noted age by first day of session. All children ages 5 and under must have a birth certificate registered with the Park and Recreation Office. This is a one-time only requirement. Mail a copy or bring one by – it will be given right back to you. **Registrations for participants 5 and under are not complete without a registered birth certificate.** *If you were living in Needham when the child was born, copies are available at the Needham Town Clerk's Office in Town Hall. Park and Recreation CANNOT access the Town Clerk's records directly.*

## CREDITS/REFUNDS

The Commission has a NO REFUND policy unless the program is cancelled or there are special circumstances. In most cases, CREDITS are given and do not expire. All requests need to be submitted to Park and Recreation **in writing** to 500 Dedham Avenue, Needham, MA 02492 or to [pcarey@needhamma.gov](mailto:pcarey@needhamma.gov).

## CHANGES TO REGISTRATION

To make a change in your registration, call (781)455-7550, press 3. Messages can be left when the office is closed. If space is available, changes will be made. Additional payments may be required if fees are different and due within the time required by the office. Credits will be given to the family account when the fee is less than original payment.

## NON-RESIDENT REGISTRATION

Non-Residents may register the **Wednesday before** a program begins, if space is available, unless otherwise noted in brochure.

## FINANCIAL ASSISTANCE/SCHOLARSHIPS

Available to Needham residents, only. Call (781)455-7550, press 3 for more information. **Register in person or by mail ONLY.**

## SPECIAL NEEDS PROGRAMING

Call (781)455-7550, press 3 for questions about integration. Contact *The Charles River Center* for specialized programming for all ages at (781)972-1018.

## TRUST FUND FOR PARKS

Make a donation on your registration form or write a separate check in honor of your favorite park. All gifts will be placed in the Trust Fund for Parks, and will be used for park improvements. Call (781)455-7550, press 3 for more details.

## LOST AND FOUND

Please call (781)455-7550, press 3 if you've lost an article at a Park & Recreation park. Found items should be dropped off at the Park & Recreation Office.

# SPECIAL COMMUNITY EVENTS



## **SPRING TOWN-WIDE CLEAN-UP DAY**



*Sponsored by:*

*Needham Park and Recreation Commission and DPW Parks and Forestry*

Come celebrate Earth Day with us! Join your neighbors as we clean up the Town from the harsh winter. Supplies will be provided from 8:30—11:00am at PSAB. We ask that you pre-register with the number of participants so that we can have enough supplies. Have a favorite park or trail that you'd like to give a little extra TLC? Let us know so we can assign you there!



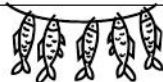
**Saturday, April 21, 2018** *(Rain or Shine)*  
**8:30—11:00am**

**All ages welcome!! Youth under 12 must be accompanied by an adult.**

**Coming with a group? Email Robyn Fink ([rfink@needhamma.gov](mailto:rfink@needhamma.gov)) with the total number of people, and she will arrange your clean up site before April 20th.**



## **FISHING DERBY**



**Saturday, May 5, 2018**

**9:00am - 12:00pm**

**Needham Reservoir**

Pre-registration recommended as only a limited number of fishing rods will be available to borrow! Bait will be available.

**This FREE event is made possible by:**

**Needham Park and Recreation Commission**

**Mass. Wildlife—Newton Workshop Group**

**Mass. Division of Fisheries and Wildlife**

***and many wonderful volunteers!***



## **TOUCH THE TRUCKS!**



**Celebrate National Public Works Week!**

**Saturday, May 19, 2018**

**Drop by anytime 10:00am—12:00pm**

**at the DeFazio Park Parking Lot (*next to the Tot Lot*) on Dedham Avenue.**

Ever wondered what it would be like to climb into the sewer truck, an excavator, or a front-end loader? Little kids (and little kids at heart) are invited to climb into the Town of Needham's DPW trucks!!

**FREE admission to this FUN family event is made possible by:**

**The Department of Public Works and Park and Recreation Commission**